

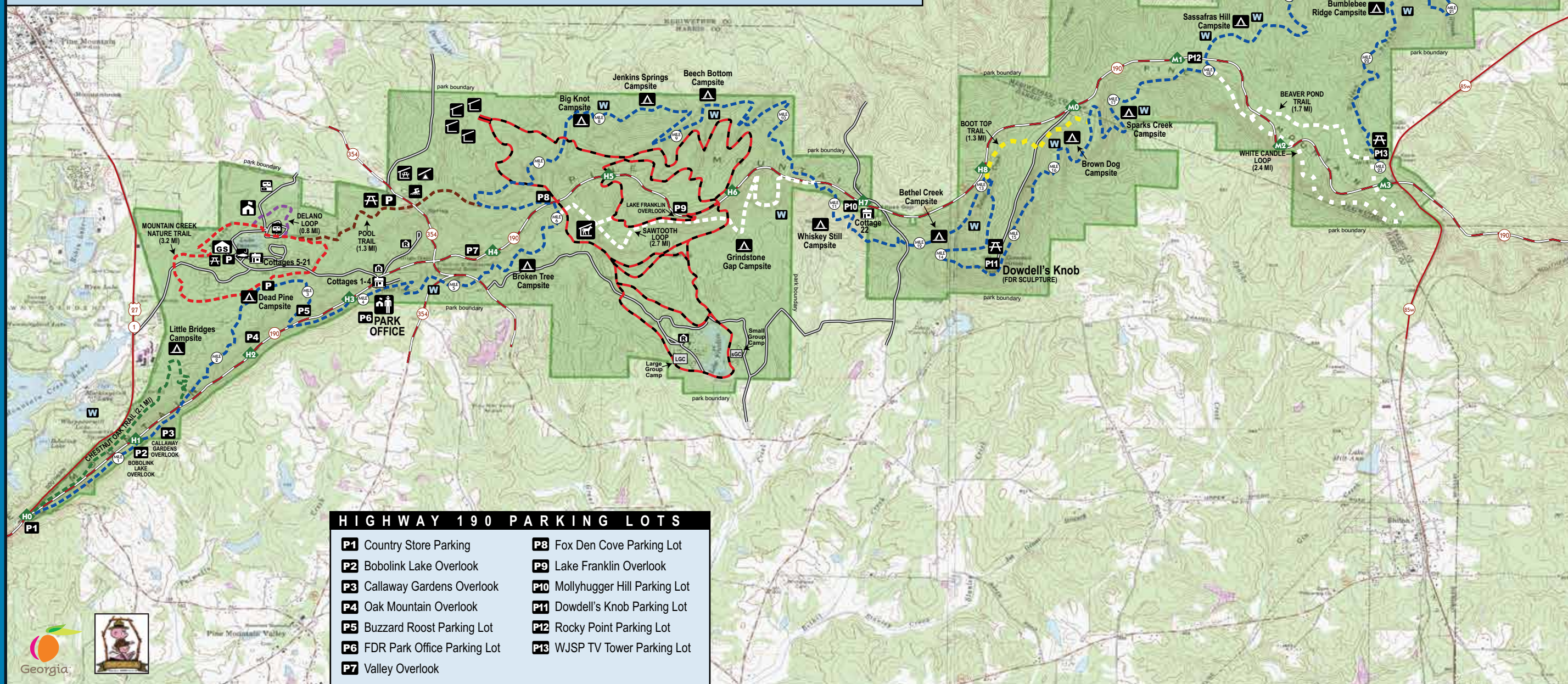
LEGEND

- | | | | |
|-----------------------------|-------------------------------------|--------------------|--------------------------------------------------------------------|
| Pine Mountain Trail | Beaver Pond Loop | Picnic Area | Horse Stables |
| Chestnut Oak Loop | White Candle Loop | Picnic Shelter | Water Source (Treat before drinking. Not reliable in dry weather.) |
| Mountain Creek Nature Trail | Primary Highway | Camping Area | Pine Mtn. Trail Mile Marker |
| Delano Loop | Secondary Highway | RV & Tent Camping | Fishing Dock |
| Pool Trail | Park Road | Dump Station | Swimming Pool |
| Horse Trails | Interpretive Center and Park Office | Cottages | Playground |
| Sawtooth Loop | Trading Post | Pioneer Campground | Parking |
| Boot Top Trail | Group Shelter | Staff Residence | Hwy. 190 Parking Lots (see list below) |

NOTE: Trail colors on map do not always correspond with trail blazes on trees.

H0 thru H8 Harris County Mile Markers along Highway 190

M0 thru M3 Meriwether County Mile Markers along Highway 190



HIGHWAY 190 PARKING LOTS

- | | |
|---------------------------------------|-----------------------------------------|
| P1 Country Store Parking | P8 Fox Den Cove Parking Lot |
| P2 Bobolink Lake Overlook | P9 Lake Franklin Overlook |
| P3 Callaway Gardens Overlook | P10 Mollyhugger Hill Parking Lot |
| P4 Oak Mountain Overlook | P11 Dowdell's Knob Parking Lot |
| P5 Buzzard Roost Parking Lot | P12 Rocky Point Parking Lot |
| P6 FDR Park Office Parking Lot | P13 WJSP TV Tower Parking Lot |
| P7 Valley Overlook | |

F. D. Roosevelt State Park

Roosevelt's Little White House State Historic Site

2970 Highway 190 East, Pine Mountain, GA 31822 • Park: 706-663-4858 • Emergency: 911 • Reservations: 800-864-7275 • www.GeorgiaStateParks.org

F. D. Roosevelt State Park Trail Map



FRANKLIN D. ROOSEVELT STATE PARK

Located near Callaway Gardens and the quaint town of Warm Springs, this park is deeply rooted in the historical era of four-time President Franklin D. Roosevelt. Seeking a place for treatment after he was stricken with polio in 1921, Roosevelt traveled to Warm Springs and built his Little White House. Several structures within the park, including the stone swimming pool and some cottages, were built by FDR's Civilian Conservation Corps during the Great Depression. Above Kings Gap is Dowdell's Knob, Roosevelt's favorite picnic spot overlooking the valley below and featuring a lifesize sculpture of the president. Hikers will enjoy the scenic trails in Georgia's largest state park, especially the beautiful 23-mile Pine Mountain Trail, which winds through a mix of hardwoods and pines.

ACTIVITIES & FACILITIES

Camping - The campground has 140 tent, trailer and RV sites with water and electrical hook-ups. Backcountry campsites are also available. Comfort stations provide hot showers and coin-operated washer & dryer. Organized groups may camp in the pioneer camping area which has water and outdoor privies. Group camps are available to sleep 75 and 120 people.

Cottages - The park offers 10 one-bedroom, 11 two-bedroom and 1 three-bedroom cottages which sleep six to 12 people. Bed/bath linens and kitchen utensils are provided. Dog-friendly cottages are available with advance reservation only.

Picnicking - Two covered picnic shelters may be reserved 11 months in advance. Picnic tables are throughout the day-use area. An enclosed group shelter may be reserved for large groups.

Fishing - Lake Franklin and Lake Delano are open for fishing year-round. Fishing hours for boats are 8:00 a.m. - 4:45 p.m. and bank fishing is allowed from 7:00 a.m. - 9:45 p.m. Anglers age 16 or older must have a valid resident/non-resident fishing license.

Boating - Private boats are permitted with paddles and/or a portable bow or stern mounted electric trolling motor. Fishing boats may be rented from the park office.

Swimming - The historic Liberty Bell-shaped swimming pool is open Memorial Day through Labor Day. It is privately operated and a fee is charged. Swimming is not allowed in the lakes.

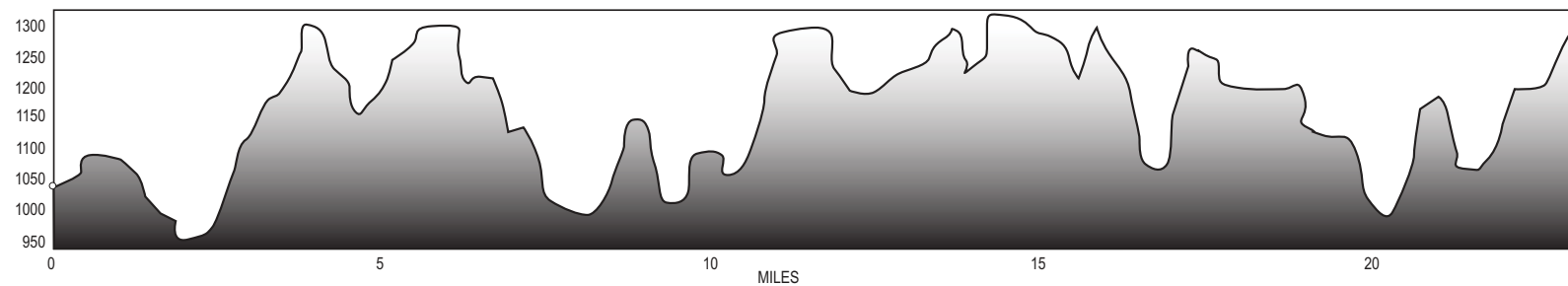
Hiking & Backpacking - Approximately 41 miles of trails are available. Backcountry camping is allowed for a nominal fee.

Horseback Riding - Twenty-eight miles of marked horse trails are available. The privately operated Roosevelt Stables offers guided tours on rental horses and trail maps for those who bring their own mounts. One hour to overnight rides are available. Reservations are preferred - 706-628-7463.

PARK TRAIL DESCRIPTIONS AND OTHER INFORMATION

PINE MOUNTAIN TRAIL

23 miles / DIFFICULT TO STRENUOUS



The lovely and well-maintained Pine Mountain Trail is rated one of the best trail systems in Georgia. It was built and is maintained by the Pine Mountain Trail Association. Designated for maximum enjoyment of both day and overnight hikers, this trail is one of the jewels of the Georgia State Park system. Registration is required for overnight trips.

DAY HIKES: The following loops along the BLUE blazed Pine Mountain Trail are suitable for day hikes.

DOWDELL'S KNOB LOOP - This 4.3-mile loop is best accessed from the Dowdell's Knob Parking Lot (P11). Enter the main trail (BLUE blaze) and go either right for approximately 1.5 miles or left for approximately 2 miles. You will intersect the Boot Top Trail (WHITE blaze). Follow it 1.3 miles back to the main trail (BLUE blaze) and continue to the parking area. The Dowdell Knob gate closes at 5:00 p.m. October 1-March 31 and at 8:00 p.m. April 1-September 30.

WOLF DEN LOOP - This 6.7-mile loop is considered one of the most beautiful stretches of trail in the Southeast and is the most popular section of the trail on the park. There are two entry points - one is in the TV tower parking area (P13) and the other at the Rocky Point Parking Lot (P12) on Highway 190.

LONGLEAF LOOP - This 6.9-mile loop has the most trail connections in the trail system. There are six highway crossings and one on the campground road for a total of seven paved road crossings. It also includes at least five trail connections.

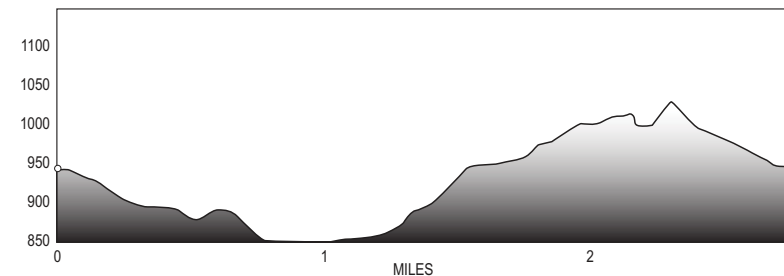
BIG POPLAR LOOP - The longest loop in the system is named for the large poplar tree located close to the ten-mile marker. This 7.8-mile loop has a number of rock formations and creeks to cross. There are two entry points - one at the Fox Den Cove Parking Lot (P8) and the other at the Mollyhugger Hill Parking Lot (P10), which are both located on Highway 190.

OVERLOOK LOOP - This 3.4-mile loop is the newest section to be added to the trail system. The most convenient parking is the area across from the Callaway Gardens Country Store (P1). The other entrance is at the Callaway Gardens Overlook (P3) on Highway 190.

MOUNTAIN CREEK NATURE TRAIL

3.2 miles / EASY TO MODERATE

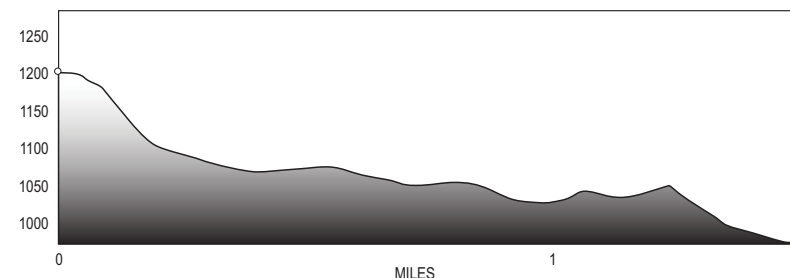
This RED blazed loop starts at the Trading Post in the main camping area. It is one of the less strenuous trails, yet it is one of the prettiest as it passes through several plant habitats.



POOL TRAIL

1.3 miles / MODERATE

This WHITE blazed trail starts behind campground 2 and parking is available at the Trading Post in the main campground. The terrain is of moderate difficulty due to elevation changes. The trail takes you through a mixed forest habitat. Hikers can enjoy nice mountain laurel thickets, red oak and loblolly stands, and an overlook around the 0.5-mile section of the trail.



DELANO TRAIL

0.8 mile / EASY TO MODERATE

This WHITE blazed trail starts behind the Trading Post in the main campground. It has very few climbs and is an easy hike. There are two habitats, mixed-forest and wetlands, along this trail. Hikers can enjoy beautiful fern gullies and a ridgeline that is filled with chestnut oaks.

SAFETY TIPS & ETIQUETTE

- Don't hike alone or leave your group.
- Tell someone where you are going and when you will return. Don't forget to check in with them when you get back.
- Stay on marked trails. Making shortcuts, cutting through switchbacks and exploring areas off the trail causes erosion and greatly increases your chance of becoming lost. As you hike, pay attention to trail blazes (paint marks on trees) and landmarks. A double blaze indicates a change in trail direction, so be sure to follow the correct trail color at intersections.
- Never climb on waterfalls. A surprising number of injuries and deaths occur on waterfalls and slippery, wet rocks.
- All hikers should carry a whistle. Three short blasts on a whistle is a sign of distress. Also carry a small emergency kit with waterproof matches and energy snacks.
- Teach children to "hug a tree" if they become lost. This means staying in one place so that rescue personnel can find them more easily. Also, tell children to answer if they hear someone calling their name in the woods.
- Carry plenty of drinking water and never assume stream water is safe to drink. Frequent hikers might consider buying a water filter or water purifying tablets at an outdoor supply store.
- Don't count on cell phones to work in the wilderness, but if they do, be able to give details about your location. Telling rescue personnel that you're lost by a big tree won't help as much as telling which trail head you started from and how long you've been hiking.
- Invest in good hiking socks and boots such as those found at sporting goods stores. Avoid blisters by carrying "moleskin" and applying it as soon as you feel a hot spot on your feet. Available in foot care sections of drug stores, moleskin is like felt that sticks to your skin.
- Always carry quality rain gear and turn back in bad weather. If you become wet or cold, it is important to get dry and warm as quickly as possible, avoiding hypothermia.
- Dress in layers and avoid cotton. Luckily, today's hikers can choose from numerous fabrics that wick moisture, dry quickly or conserve heat. Many experienced hikers wear a lightweight shirt that wicks moisture, while carrying a fleece pullover and rain jacket.

CLIMATE DATA FOR PINE MOUNTAIN, GEORGIA

Month	Avg. High	Avg. Low	Mean	Avg. Precip.	Record High	Record Low
Jan	53°F	31°F	42°F	5.37 in	80°F (1950)	-5°F (1985)
Feb	58°F	33°F	46°F	4.90 in	81°F (1996)	6°F (1996)
Mar	66°F	39°F	53°F	6.22 in	88°F (1982)	13°F (1960)
Apr	73°F	46°F	60°F	4.53 in	93°F (1977)	26°F (1987)
May	80°F	55°F	68°F	3.54 in	98°F (1962)	33°F (1963)
Jun	87°F	64°F	75°F	4.03 in	102°F (1977)	41°F (1972)
Jul	89°F	68°F	79°F	5.38 in	104°F (1952)	50°F (1967)
Aug	88°F	67°F	78°F	3.83 in	101°F (2000)	49°F (1968)
Sep	82°F	62°F	72°F	3.43 in	100°F (1954)	32°F (1967)
Oct	73°F	49°F	61°F	3.05 in	99°F (1954)	24°F (1962)
Nov	64°F	40°F	52°F	4.26 in	85°F (1958)	5°F (1950)
Dec	55°F	34°F	45°F	4.84 in	80°F (1971)	-1°F (1962)