

# 14<sup>th</sup> Annual BOW Workshop Participant Information

# **Event Schedule**



# Friday, October 31st

10:00-11:30 am:

Registration and check-in

11:30 am-12:00 pm:

Welcome and Introductions

12:00-12:45 pm: Lunch

1:00-4:30 pm: Session I

- A. Intro to Handgun
- B. Intro to Archery
- C. Identifying Georgia's Plants
- D. How to Field Dress & Quarter a Deer
- E. Intro to Fly Fishing
- F. Prescribed Fire
- G. Self Defense
- H. Bring in the Birds
- I. Nature Journaling

6:00-6:45 pm: Dinner

7:00 pm: Guest Speaker

Lindsay Killmaster

8:00 pm: Campfire\*



# Saturday, November 1st

7:00–7:45 am: Breakfast

8:00-11:30 am: Session II

J. Land Navigation

K. Falconry

L. Fight or Flight: Situational Awareness

M. Fishing 101

N. Tree Climbing Option 1

O. Nature Yoga\*\*

P. Intro to Rifle

Q. Hunting 101

*12:00 –12:45 pm:* Lunch

1:00-4:30 pm: Session III

R. Wilderness Survival

S. Tree Climbing Option 2

T. Chainsaw 101

U. Intro to Shotgun

V. Fishing 102

W. Campfire Cooking

X. Tying flies\*\*

Y. Plein Air Painting\*\*

6:00-6:45 pm: Dinner

7:00–7:30 pm: Live & Silent Auction supporting the BOW

Scholarship.

(Note: Check or Cash only)

8:00 pm: Astronomy\*

# Sunday, November 2nd

7:00-7:45 am: Breakfast and Check out of

rooms

8:00-11:30 am: Session IV

Z. Pond to Plate

AA. Georgia Snake Identification

BB. Canoeing 101

CC. Edible Mushrooms

DD. Native Plant Gardening

EE. 3D Archery Competition\*\*

FF. Backpacking 101

GG. Cleaning & Maintaining a Firearm\*\*

11:45 am-12:00 pm:

Exit Survey Completion, Departure





# Workshop Details

### ATTENDANCE AND FEE OPTIONS

- Onsite Lodging: \$300 (Lodging, Meals, and Program Fees)
- 2. Onsite CEWC Campground: \$275 (Full hookup RV or Tent Campsite with a Bathhouse, Meals, and Program Fees)
- Onsite Primitive Group Camping: \$265 (Tent Campsite with a Port-O-Let, Meals, and Program Fees)
- 4. Offsite Housing or Commuter: \$255 (Meals and Program Fees)

Upon receipt of your registration and payment, you will be sent a confirmation receipt from CEWC. It will contain information how to log back into your account should you need to make changes.

#### **ONSITE LODGING**

CEWC has dorm-style rooms with a private bathroom and shower. Space is limited and you will have roommates. If special arrangements are necessary, please email <a href="mailto:casey.carrillo@dnr.ga.gov">casey.carrillo@dnr.ga.gov</a>.

#### CEWC/CLYBEL CAMPGROUND

In 2024 Charlie Elliott renovated their campground to include full amenity RV (14 sites) and tent (6 sites) camping with a bathhouse. We allow a maximum of 4 people, 1 RV, and 2 tents per campsite. If you would like to share a site with a buddy, please note the type of site you will be sharing (RV or Tent) and the name of the person you are sharing it with.

#### ONSITE PRIMITIVE GROUP CAMPING

CEWC has a primitive group campground with an outhouse. You will need to provide your tent and other weather-appropriate gear. There is a port-olet, but no potable water or showers are available in this location.

# OFFSITE OPTION:

#### **HOTEL ACCOMMODATIONS**

Covington has many hotel styles and prices to meet your needs at Exits 91 and 93. Please contact the hotel directly for booking.

#### CANCELLATION

A \$100 processing fee will be charged to all canceled registrations. Registrants who do not attend and do not cancel by close of business on October 4, 2025, will be charged the full fee. If sending a substitute, please get in touch with Casey at: <a href="mailto:casey.carrillo@dnr.ga.gov">casey.carrillo@dnr.ga.gov</a> or 770-784-3059 to complete the substitution process.

# **CLASS CHANGES**

Due to the growth of the Georgia BOW Program, we are unable to facilitate any class changes once you've registered. This includes going to classes other than those you've scheduled during the workshop. Our instructors plan according to the final counts provided at registration cut off.

#### **SPECIAL NEEDS**

If you have any special or dietary needs or preferences, please indicate this on the registration form. We will try to our best to accommodate all requests.

#### **EQUIPMENT**

All equipment will be provided for training courses unless otherwise noted. Feel free to bring your own equipment. Please note on registration if you will be providing your own firearm or bow. Instructors will safety check all firearms and bows brought by participants. Firearms and bows must be kept locked in your vehicle even if you know your roommates.

#### **WAIVER FORMS**

Liability and waiver forms must be completed as part of your registration to attend a BOW workshop. Participants understand that:

1) photographs may be taken during sessions and may be used in future support of the program and 2) in the event of an unavoidable cancellation, evening programs and instructors may change. BOW will provide alternatives if this situation arises.

# **BOW SCHOLARSHIPS**

Ten scholarships are available to those unable to afford the full cost of the workshop fee. Preference will be given to full-time students, single-parent households, and first-time attendees. Scholarship applications, information and deadlines can be found online at <a href="https://georgiawildlife.com/BOW">https://georgiawildlife.com/BOW</a> or by emailing <a href="mailto:casey.carrillo@dnr.ga.gov">casey.carrillo@dnr.ga.gov</a>.

# Course Choices in Detail\*

# **Physical Activity Ratings:**

BOW classes are geared toward beginners, and most are suitable for people of all physical ability levels. Classes below are described according to the level of physical activity required to participate fully. This classification is to help you decide if the class is right for you. If you are not sure, just ask us for more information. We're happy to help!

**LEISURELY (L):** Class is not physically demanding.

**MODERATE (M):** Class requires moderate level of physical activity; for example, lifting an 8-pound chainsaw, shotgun, paddling a canoe or kayak.

RUGGED (R): Class is strenuous and may require hiking/climbing over uneven terrain.

Each class includes a minimum and maximum number of participant slots available. Please note some classes are a onetime option so all women can have a chance to participate. \*Subject to change.

# A. Intro to Handgun (M)

(Min 4/Max 10) This beginner's course will give participants the opportunity to learn more about different types of handguns and practice their aim at our outdoor shooting range. Participants will learn the basics of handgun shooting in a fun and structured environment. A Georgia hunting license, fishing license, or lands pass is required for this class. This class may not be repeated.

# B. Intro to Archery (M)

(Min 4/Max 12) In this beginners course you will learn basic archery techniques for target shooting with a Genesis bow. Participants will have hands on instruction, time to shoot, and get the chance to take a shot on one of our static archery ranges. A Georgia hunting license, fishing license, or lands pass is required. This class may not be repeated.

# C. Identifying Georgia's Plants (M)

(Min 4/Max 16) Come on a hike to learn about some of the unique and amazing plants in Georgia. You'll discuss how to identify and consider ethical collection methods for pressing to add to journals and/or crafting.

#### D. How to Field Dress & Quarter a Deer (M-R)

(Min 4/Max 12) In this class, the instructor will demonstrate how to field dress and quarter a freshly harvested deer. Attendees will be given the option of watching or participating as they discuss which parts are edible, how to identify the major cuts of meat, and explain how to keep the meat uncontaminated as they work their own deer. **This class may not be repeated.** 

# E. Intro to Fly Fishing (L)

(Min 4/Max 12) This class teaches you the basics of fly fishing. You will learn about equipment, casting techniques, and what flies will best attract your favorite fish.

# F. Prescribed Fire Learn and Burn (L-M)

(Min 4/Max 12) Ever wanted to learn about how to use fire for a healthy ecosystem? This class will teach you the history and tools of this historical management style. You'll have a chance to practice your new knowledge with sand table scenarios and demos.

#### G. Self-Defense (M-R)

(Min 4/Max 20) Explore self-defense strategies through discussions on mindset, situational awareness, and the law. The most common types of grabs and how to get away from someone who wishes to harm you will be covered. It will be a hands-on physical class; however, the instructors will base it on the physical ability of those attending.

#### H. Bring in the Birds (L-M)

(Min 4/Max 12) Learn how to build and properly place birdhouses for specific species of birds. Participants will leave with a completed birdhouse to put up at their home.











# I. Nature Journaling (L)

(Min 4/Max 16) Nature Journaling can be a wonderful way to connect with the outdoors in a relaxed fashion. In this course you will be guided through the process of making your own journal and learn new and unique ways to engage with nature.

# J. Land Navigation (L-M)

(Min 6/Max12) The sport of orienteering involves navigating from point to point across a terrain with the help of a map and a compass. We will test your outdoor observation skill level and participate in fun, interactive activities that will provide basic information on topographical map reading and compass usage. Baseline compasses will be provided.







K. Falconry: Hunting with Birds of Prey (M) (Min 4/Max 12) Falconry is the art of hunting wild game with a trained raptor. We will discuss history, maintenance, training, and care involved with having a bird of prey. A demonstration hunt will be held to see the birds in action, please wear shoes for hiking.

# L. Fight or Flight: Situational Awareness (M-R)

(Min 4/Max 15) This session combines lecture-style material and practical exercises to provide the knowledge, tools, and techniques you need to maintain situational awareness and feel safe wherever you go. You'll use visual cues to practice responding to different situations, which helps your mind remember and retrieve information when a similar real-world problem arises. We will provide inert SIRT pistols for use during exercises.

# M. Fishing 101 (L-M)

(Min 4/Max 16) Learn basic angling skills such as knot tying, casting, and what to do once you catch that "Big One" in this fun beginner's fishing class. <u>A Georgia fishing license is required for this class.</u>

#### N. Tree Climbing – Option 1 (R)

(Min 4/Max 16) Get a view from the canopy! Participants will learn how to safely harness up and climb to new heights. The instructor will explain tree selection, climbing gear, equipment care, and tree protection. This is an exhilarating class to remind you that you are stronger than you think! Due to demand, we are offering this class twice.

## O. Nature Yoga (M)

(Min 4/Max 20) Reconnect with your mind and body with some peaceful outdoor yoga. This course blends gentle movement, meditation, and breathwork while you take in the relaxing sights and sounds of nature. Whether you're new to yoga or wanting to deepen your practice, come join us in finding harmony with every breath. Please note: This course will be a half session (1.5 hours).

#### P. Intro to Rifle (M)

(Min 4/Max 10) This beginner course will give participants the opportunity to try out .22 rifles and practice their aim at an outdoor shooting range. Participants will learn the basics of rifle shooting in a fun and structured environment that will include some class time. A Georgia hunting license, fishing license, or lands pass is required. This class may not be repeated.

# Q. Hunting 101 (L)

(Min 4/Max 20) Discover the fundamentals of safe, responsible, and effective hunting. This introductory course covers essential skills to know including Georgia game species identification, tracking, scouting techniques, gear, and ethical hunting practices.

# R. Wilderness Survival (M-R)

(Min 4/Max 16) Heading out into the woods? Make sure you are ready to survive whatever you might encounter. Discover what the proper contents of a survival kit are, the skills necessary for surviving a night outdoors, signaling for help, how to avoid getting lost, and other helpful hands-on activities.

# S. Tree Climbing – Option 2 (R)

(Min 4/Max 16) Get a view from the canopy! Participants will learn how to safely harness up and climb to new heights. The instructor will explain tree selection, climbing gear, equipment care, and tree protection. This is an exhilarating class to remind you that you are stronger than you think! Due to demand, we are offering this class at two different times.





#### T. Chainsaw 101 (M)

(Min 4/Max15) Interested in learning about chainsaws, but unsure where to start? This course will give you the background you need to get off on the right foot. Topics will include selection, operation & maintenance, and safety. Instruction will include some field exercises where you will get the opportunity to see and handle saws intended for homeowner use.

## **U. Intro to Shotgun (M)**

(Min 4/Max 10) Step up and take aim at our outdoor shotgun range during this informative course. This is a beginner's course designed for participants who are new to shotgun shooting as an opportunity to learn the basics in an interactive way! A Georgia hunting license, fishing license, or lands pass is required for this class.

## V. Fishing 102 (L-M)

(Min 4/Max 16) Go beyond the shallows and learn the basics of using artificial lures in this hands-on and educational course. Participants will learn about different lures and how to manipulate them to mimic prey. A Georgia fishing license is required for this class.

# W. Campfire Cooking (L)

(Min 4/Max 16) Settle in around the fire and learn while you cook! In this class you will learn multiple tasty recipes to use at the campfire. Participants will get experience using different methods of cooking outdoors including cast iron, skewers, and sticks!

## X. Tying flies (L)

(Min 4/Max 15) Learn the art and craft of creating your own fishing flies in this course. This hands-on course covers the basics of tools, materials, and techniques used to tie effective flies for various fish species. Please note: This course will be a half session (1.5 hours).

#### Y. Plein Air Painting (L)

(Min 4/Max 15) Immerse yourself in the beauty of the outdoors while trying your hand at a new skill! This open-air art experience invites artists of all skill levels to capture the essence of the natural landscape on canvas. The instructor will guide you on techniques in composition, perspective, and color mixing. Please note: This course will be a half session (1.5 hours).

#### Z. Pond to Plate (L-M)

(Min 4/Max 12) This course will teach participants how to get a fish from the hook to the plate! Participants will have the opportunity to see the steps of cleaning and preparing the fish for cooking. The course will end with a delicious fish tasting!

# AA. Georgia Snake Identification (L)

Have you ever wondered what the snake was myssssteriously doing as it slithered through your backyard? Join us for this informative class where participants will learn about the snakes of Georgia, their amazing adaptions, and the habitats that attract or deter them. This class allows you to learn as close or as distantly as you're comfortable.

# BB. Canoeing 101 (L-M)

(Min 4/Max 16) In this class, you'll learn how to choose a life jacket properly, safely enter a canoe, and how to paddle and steer effectively. While the goal is not to get wet, please come prepared just in case as we cruise around one of the many lakes and even play some on-the-water games!

## **CC. Edible Mushrooms (M)**

(Min 4/Max 16) Is that mushroom poisonous or delicious? How does someone properly harvest a mushroom anyway? Find out the answers to these questions and more in this course! We will wrap up with a hike to find some mushrooms on the CEWC property.

# **DD. Native Plant Gardening (M)**

(Min 4/Max 12) Want to spruce up your property with some native plants? Discover the beauty and benefits of growing local with this course. This course teaches you how to select, plant, and care for native species that support local ecosystems, conserve water, and attract pollinators.

# **EE. 3D Archery Competition (M)**

(Min 4/Max 12) If you're into archery, this is an opportunity to put those skills to work! You'll get to select your equipment or bring your own and be placed in a group for scoring. This is a safe and supportive activity to see if the competition world is for you (with prizes of course). Please note: This course will be a half session (1.5 hours).

#### FF. Backpacking 101 (M)

(Min 4/Max 15) Get ready to hit the trails with confidence! This course covers the essentials of planning, packing, gear, and site selection all while following Leave No Trace Principles.

# GG. How to Clean and Maintain a Firearm (M)

(Min 4/ Max 20) Learn the essentials of safely and effectively caring for your firearm in this course. You can either borrow one of ours or bring your own unloaded firearm and learn how to properly disassemble, clean, and store your firearm to keep your equipment reliable, functional and safe. Please note: This course will be a half session (1.5 hours).

# Items to Bring and Licenses Needed

## WHAT TO BRING?

To ensure you have the best possible experience at your BOW workshop, we are providing suggestions for what to bring. Average fall temperatures in Georgia range from highs in the mid-70s during the day and lows in the mid-30s at night. Please read the following, which should help optimize your comfort and enhance the fun!

<ul> <li>Personal items (i.e. medications, toiletries, etc.)</li> <li>Lodging provides towels, a blanket, linens and a pillow.</li> <li>Clothing suitable for November weather. Sweaters, a warm coat, hats, and gloves are recommended in case it is chilly during the morning classes. Weather can fluctuate in November from very warm temperatures to cold weather and rain. Dressing in layers is best.</li> </ul>
☐ Baseball cap or hat with brim, knit hat for evenings and cooler weather
□ Windbreaker
□ Rain gear
☐ Sturdy hiking boots or comfortable well-fitted closed toed shoes
☐ Extra pair of shoes
□ Camera, binoculars, sunglasses, sunscreen, insect repellant, backpack/fanny pack
□ Notebook, pen, and highlighters
□ Water bottle – highly recommended
☐ Cash or check for the silent and live auctions. There are NO ATMs at CEWC.

Should you choose to stay at our onsite primitive group campground please note that you will need to bring your own tent, sleeping bag, potable water source, and any other necessary items for a positive, primitive outdoor experience. The only facilities provided within the primitive camping area are a port-olet toilet and a campfire ring.

Should you choose to stay at the Clybel/CEWC campground please note there is a max of 4 people per site with either 1 RV and up to 2 tents. If you would like to share a site with a buddy, please note the type of site you will be sharing (RV or Tent) and the name of the person you are sharing it with. If the CEWC/Clybel WMA Campsite is full the next closest state park is Hard Labor Creek State Park.

# **CLASS NOTES:**

**Fishing 101 and Fishing 102:** You must have a valid Georgia Fishing License to participate in these classes. Fishing licenses can be purchased online at <a href="https://www.gooutdoorsgeorgia.com">www.gooutdoorsgeorgia.com</a> as well as the CEWC Visitor Center. All equipment will be provided for the classes unless otherwise noted. You are welcome to bring your own gear if you prefer.

**ALL Shooting and ALL Archery Courses:** You must have a valid Georgia Hunting or Fishing License or Georgia Lands Pass to participate in these classes. Both licenses and passes can be purchased online at <a href="https://www.gooutdoorsgeorgia.com">www.gooutdoorsgeorgia.com</a> as well as the CEWC Visitor Center. Equipment and ammunition will be provided for you. Personal firearms may be used upon instructor approval and safety check.

Nature Yoga, Tying Flies, Plein Air Painting, 3D Archery Competition, and Cleaning & Maintaining a Firearm: These courses will be half-length to allow participants extra free time during the program to rest and explore the property at their own pace. We expect these courses to take approximately 1.5 hours each.